

A hand-carved stone sink, a bamboo stool, recycled-glass floor tiles and an earth-toned color scheme have a pared-back, slightly Asian vibe.

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**Light Fixture** Handblown-glass "Dome-Scarice" from \$650 [gooddesign.com](http://gooddesign.com)  
**Mirrors** Acacia wood \$39.95 each, [cb2.com](http://cb2.com)  
**Faucets** Polished nickel with low-flow aerator insert BK-T14413-4 from \$350.65 each, [kohler.com](http://kohler.com) for stores  
**Basin** Hand-carved onyx stone with sustainable-hardwood stand "Integral" \$2,800 each, [stoneforest.com](http://stoneforest.com) for stores  
**Towel bar** Lead-free pewter \$189.95 [greensage.com](http://greensage.com)  
**Towels** Indika organic-cotton "Anastasia Collection" from \$14.95 each, [erobathroom.com](http://erobathroom.com)  
**Wastebasket** Recycled plastic \$32 [spiralfoundation.org](http://spiralfoundation.org)  
**Stool** Bamboo "Modern" nesting \$640/set of two, Maria Yee (833) 457-2900 for stores  
**Floor tile** Recycled glass \$50/square foot, [ecofriendlyflooring.com](http://ecofriendlyflooring.com)  
**Foamings** Recyclable post-consumer content from \$1.49/foot, [timbro.com](http://timbro.com) for stores  
**Wall fabric** Heather Bush "Strie" about \$58/yard, [carnegiefabrics.com](http://carnegiefabrics.com) for stores

Recycled Plastic Trash Can  
Handmade in Nepal  
By The SPIRAL Foundation

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endnote



### recycled-plastic bowls

S.P.I.R.A.L. makes these gorgeous products from discarded plastic wrappers. I store towels in a big one and use smaller ones for jewelry. FROM \$12 SPIRALFOUNDATION.ORG



tushies  
When  
used  
discarded  
of the  
\$50.85/CASE, TUSHIES.COM

Recycled Plastic Bowls  
Handmade in Nepal  
By The S.P.I.R.A.L. Foundation



### peppermint and eucalyptus oils

This combo is good for sinus infections, which I used to get constantly. Just put a few drops of the oils in a portable mister, breathe them in for a few minutes and your nose instantly feels happy. Organic essential oils FROM \$6.95/\$3 OUNCE, AURACACIA.COM



### teniqua treetops resort

I just found this place while planning a trip to South Africa, and can't wait to see the beauty of the forest from a bird's perspective. TENIQUATRETOPS.CO.ZA FOR INFORMATION

## 10 things that make me happy



Who: Carolyn Murphy

Where: Los Angeles

What: A model (she's the face of Estée Lauder), Murphy also works with the S.P.I.R.A.L. Foundation, which funds health care and education in Vietnam and Nepal.



### bodum tea infuser

Instead of coffee, I drink green tea in the morning. I prefer the taste of tea brewed with loose leaves—and I also like that, by not using tea bags, I'm saving trees. "Tea Egg" \$9.95 BODUMUSA.COM

### stella mccartney shoes

Stella really walks the walk: She never sacrifices quality or style, or strays from her vegan beliefs. Her shoes and bags are animal-product-free. Raffle \$545 STELLA MCCARTNEY (212) 255-1556



### wooden toys from the acorn store

Instead of barraging your kids (and you!) with plastic, sirens and lights, these allow room for a child's imagination. Giraffe \$14.95 ACORN (310) 451-5845



### organic sheets

I got into this bedding when my daughter was born. These are reasonably priced and softer than some ultra-high-end brands. "Flora" \$219/QUEEN SET, GAIAN.COM



### quinoa spaghetti

My daughter and I are vegetarians and allergic to wheat, so we're always looking for alternatives. Quinoa is delicious and loaded with amino acids. We love it tossed with tofu and veggies. Ancient Harvest \$2.19/EIGHT OUNCES, QUINOA.NET



### wellness water filter

A great alternative to bottled water and so easy to hook up to your sink—crystal-clear H<sub>2</sub>O every time you turn on the tap. "Kitchen S-III" \$595 WELLNESSFILTER.COM



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S.P.I.R.A.L. makes these gorgeous products from discarded plastic wrappers. I store towels in a big one and use smaller ones for jewelry.

**FROM \$12 [SPIRALFOUNDATION.ORG](http://SPIRALFOUNDATION.ORG)**

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**Bed** (similar to shown)  
Grounded Collection  
reclaimed-oak "Redwitz"  
\$7,295/queen, ABC Carpet  
& Home (212) 473-3000  
**Decorative end cup** "Hour  
Glass" \$35 soolip.com  
**Wastebasket** recycled plastic  
\$32 spiralfoundation.org  
**Chair** (similar to shown)

Mitchell Gold + Bob Williams  
hemp "Jeanie" \$2,890  
mgandbw.com for stores

**Boxes** (as shown)  
Recycled-plastic  
Pandora Box Set" \$150  
spiralfoundation.org

**Rug** Wool "Lama Solid"  
\$5,300 Tufenkian  
(888) 225-1075

**opposite, top:**  
**Shower system** Chrome-  
Finish "Freehander" \$550  
groheamerica.com for stores  
**Hand towel** Organic cotton  
\$28 perfectorganics.com

**opposite, bottom:**  
**Bench** Scrapile  
salvaged wood \$400  
Shaw (323) 644-1900  
**Urinal** Duravit #D19502  
\$671.25 homeclick.com

Recycled Plastic Box Set  
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Recycled Plastic Waste basket  
Handmade in Nepal  
By The SPIRAL Foundation

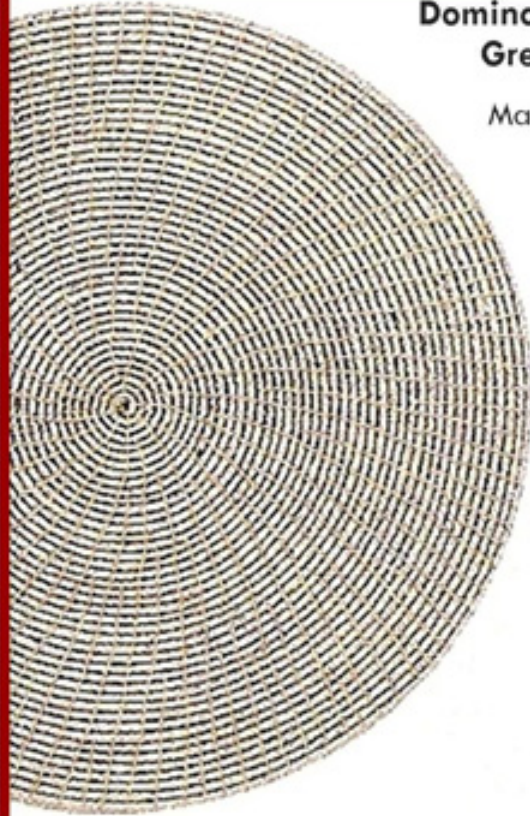
A floral armchair (a thrift-shop find)  
is a decorative counterpoint to the  
rough-hewn bed, a vegetable-dyed  
rug handmade in Tibet, organic-cotton  
sheets and a vintage chenille blanket.

dominomag.com


the end

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Nepalese artisans  
compensated with a fair  
wage (and health care!)  
weave these silvery place  
mats from recycled food  
wrappers. \$120/SET OF SIX,  
[SPIRALFOUNDATION.ORG](http://SPIRALFOUNDATION.ORG)

A woman with curly hair, wearing a white long-sleeved blouse and a long, multi-colored plaid skirt, stands in an office. She is holding a mobile phone to her ear with her right hand and a pair of glasses in her left. The office includes a desk with a laptop, a bookshelf filled with books, and a modern-style chair with a patterned bag hanging on it. The scene is brightly lit, likely from a window in the background.

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